

OUTRUN
2026



Move your world

START YOUR IMPOSSIBLE



RUNNER'S GUIDEBOOK

5 JULY 2026

DATARAN WAWASAN, PUTRAJAYA

5KM

10KM

21KM

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BEFORE RACE DAY

RACE KIT COLLECTION

3-4 JULY 2026

FRIDAY - SATURDAY
10AM - 8PM

North Concourse, Sunway Nexis,
Kota Damansara

Your race kit includes:

- Runner Jersey
- Bib with Timing Chip**
- Freebies

**Applicable to 10KM & 21KM categories only

WHAT YOU'LL NEED:

- ✓ Email confirmation slip

NOTE:

- The Organiser reserves the right to refuse your race kit collection if mandatory documents are incomplete.
- If you're collecting for someone else, you must present the QR code in their confirmation email.
- Race kits not collected within the stipulated period will be disposed or redistributed.
- Race kit collection is NOT AVAILABLE on race day.
- Late pick-ups are not allowed.



For illustration purposes only.

BEFORE RACE DAY

IT'S ROADSHOW TIME

GET READY FOR THE RACE.

Bring your family and friends to explore Toyota's latest Hybrid Electric models and see why Toyota's renowned quality, durability and reliability continue to inspire confidence and peace of mind on every drive.

Stay on top of your health with a complimentary screening by the National Cancer Society Malaysia (NCSM).

Then, power up with N8 energy gels, get race-ready with AFT Sport Taping, recover smarter with expert tips from BFT Hartamas, and explore recovery tools from Beoka.



Sports Tape Partner



Sports Nutrition Partner



NGO Partner



Sports Recovery Partner



Recovery & Wellness Tech Partner



RACE DAY

YOUR RACE ITINERARY

TIME (AM)	PROGRAMME
04:00	PARTICIPANTS ARRIVAL, BAGGAGE DROP OFF & RACE VILLAGE ACTIVITIES
04:30	21KM FLAG OFF
05:00	WARM-UP SESSION, 10KM SAFETY BRIEFING
05:30	10KM FLAG OFF
06:30	WARM-UP SESSION, 5KM SAFETY BRIEFING
07:00	5KM FLAG OFF
08:00	OPENING PERFORMANCES
08:10	EMCEE STAGE INTERACTIONS
08:30	PRIZE GIVING CEREMONY
09:00	DONATION HANDOVER CEREMONY
09:05	LUCKY DRAW
09:15	GRAND LUCKY DRAW
09:30	EVENT ENDS

*The Organiser reserves the right to amend the time and activities of the Race Day at any time without prior notice.

RACE DAY

**PLAN YOUR
PARKING**



P1 **Jalan P2A** 500m AWAY

P2 **Jalan P2B** 550m AWAY

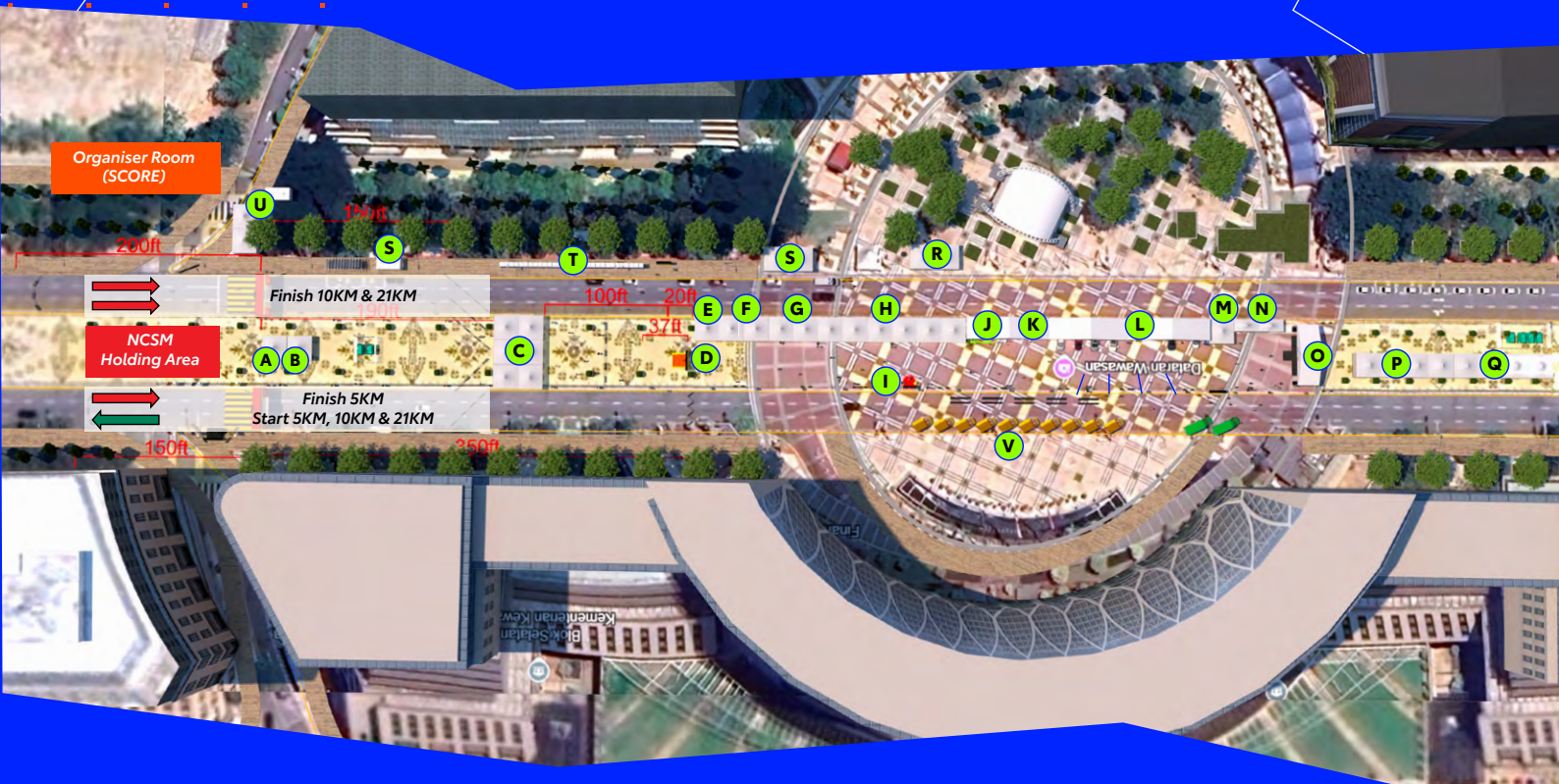
P3 **Jalan P2G** 700m AWAY

P4 **Jalan P2J** 700m AWAY

P5 **Jalan P2L** 900m AWAY

P6 **Jalan P2T** 900m AWAY

RACE DAY RACE VILLAGE MAP



A Timing System/
Athlete Associations

B Console Tent

C Finisher Tent

D Step To Your Impossible
Photobooth

E Winner's
Verification Tent

F Baggage Tent

G Help Desk

H Sponsor Tent

I Impossible Strength Shot

J Kids' Road Safety Area

K Activity Tent

L Sales Tent

M Winner's Holding Area

N Console Tent

O Main Stage

P VIP Tent + Toilet

Q EO Tent (SE)

R Public Surau

S Medic Zone

T Portable Toilet




U Command Centre

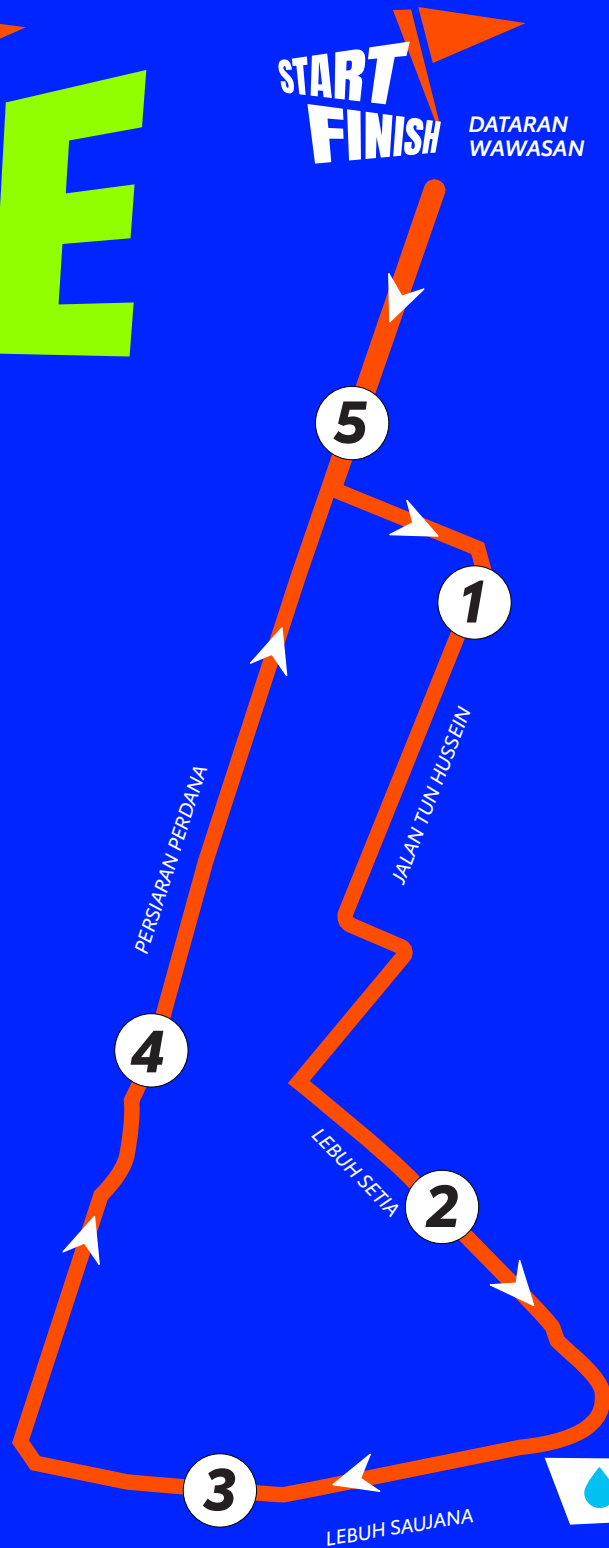
V Food Truck

RACE DAY
5KM
ROUTE

FLAG OFF
7:00AM

CUT-OFF TIME
8:30AM

-  Drinking Water
-  Medic
-  Toilet



**START
FINISH** DATARAN WAWASAN

RACE DAY

10KM ROUTE



FLAG OFF
5:30AM

CUT-OFF TIME
8:30AM

- Drinking Water
- Isotonic
- Medic
- Surau
- Toilet

RACE DAY
21KM ROUTE

FLAG OFF
4:30AM

CUT-OFF TIME
8:30AM

COT1 Cut-off Checkpoint 1
KM10.6
(before 6:50am)

COT2 Cut-off Checkpoint 2
KM13.7
(before 7:20am)

-  Drinking Water
-  Isotonic
-  Medic
-  Surau
-  Toilet



RACE DAY FINISH LINE, REWARD TIME

You earned it.

After conquering the impossible,
take home your SYI Victory Medal.

All 21KM finishers will also receive
an exclusive Finisher Jersey.*



*For 21KM category only.

RACE DAY KNOW YOUR BIB

Your bib comes with a timing chip*. Check if it's intact before the race. Keep your bib clearly visible at all times. Do not modify, fold, damage, cover, or remove it before finishing.

Bib transfers are not allowed. Substitutions and unregistered runners will be disqualified.



FRONT

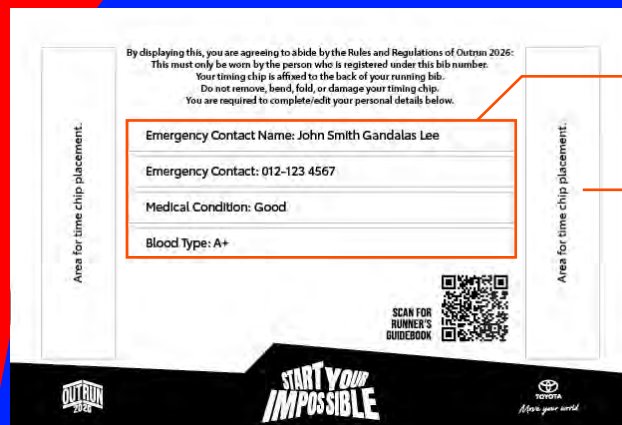


CATEGORY CODE

CATEGORY NAME

RACE RESULTS AND PHOTO RETRIEVAL

BACK



EMERGENCY CONTACT INFO

TIMING CHIP*

*Applicable to 10KM & 21KM categories only.

RACE DAY RUNNER'S CHECKLIST

RACE KIT COLLECTION DAY

- Show the QR code from your email confirmation.

BEFORE RACE DAY

- Plan ahead by checking road closures.
- Familiarise yourself with the race route and race village map.
- Pack your race essentials:
 - Bib with timing chip*
 - Mobile phone
 - MyKad (IC)

**Applicable to 10KM & 21KM categories only.*

ON RACE DAY

- Drop off extra baggage at the Baggage Tent before heading to the Flag-off Area.
- Stay hydrated.

RACE DAY
**RUNNING
TIPS**

BEFORE THE RUN

- Fuel up with nutritious meals and avoid fatty foods.
- Warm up to prevent injury.
- Keep valuables at home or deposit them at the Baggage Tent.

DURING THE RUN

- Keep children safe at all times.
- Stay hydrated.
- Take short breaks when needed.
- Feeling unwell? Head to the Medic Zone for medical assistance.

RACE DAY

ESSENTIAL RACE INFORMATION

FLAG-OFF TIME

21KM | 4:30AM

10KM | 5:30AM

5KM | 7:00AM

CUT-OFF TIME

ALL categories | 8:30AM

BAGGAGE DEPOSIT

- The Baggage Tent will be open from 4:00am to 10:00am.
- Deposit your belongings early to avoid delays.
- The Organiser is not responsible for any lost items.

CHECKPOINTS

- Participants in the 10KM & 21KM must pass all designated checkpoint timing mats.
- Failure to do so will result in an incomplete race and may lead to disqualification or exclusion from rankings.
- Your bib must be worn on your chest at all times.
- Runners without a visible bib may be removed from the race and disqualified.

RECHARGE STATIONS

- 5KM route: one (1) station
- 10KM route: three (3) stations
- 21KM route: six (6) stations

REMARK

Participants unable to complete the race by 8:30am may be stopped at designated checkpoints for safety reasons. This allows roads to reopen in accordance with the event permit.

RACE DAY

ESSENTIAL RACE INFORMATION

TRAFFIC POLICE

Please note the following on race day:

- Full or partial road closures will be in effect along the race route, with intermittent access during the event.
- All roads will reopen in phases from 9:30am on 5 July 2026, subject to traffic police clearance.
- Two (2) checkpoints along the 21KM route will have strictly enforced cut-off times.
- Participants must retire from the race immediately if instructed by any official, medical staff, race director, marshal, or security officer.

UNPREDICTABLE WEATHER CONDITIONS

- The run may be delayed or cancelled due to lightning, strong winds, heavy rain, thunderstorms, or other severe weather.
- Official announcements will be made in the event of weather changes.
- Shelter is available at designated locations along the route, such as nearby buildings.
- Do not seek shelter under tall structures, metal poles, trees, or tents.
- In the event of heavy rain or cancellation, follow marshal instructions and return to the Race Village. Do not continue the race.
- No race records will be kept, and the Organiser will not be held liable.

PORTABLE TOILETS

- Use the portable toilets provided at the Recharge Stations along the 5KM, 10KM & 21KM routes.

RACE DAY

ESSENTIAL RACE INFORMATION

MEDICAL ASSISTANCE

- Medical stations and officers will be stationed at the Start Area, along the route, and at the Finish Area.
- If you have any medical conditions, consult your doctor before participating to avoid medical emergencies.
- If you feel weak, dizzy, nauseous, light-headed, or experience an irregular heartbeat, inform an event official or nearby medical staff immediately.
- If transported to a hospital, all medical and related expenses will be borne by the participant.

INCOMING TRAFFIC

- While traffic will be regulated along the route, vehicles may still be present. Stay alert at all times.
- Always give way to emergency vehicles. If there's an accident or emergency, participants must follow instructions from event officials and stop if required.

RACE DAY

ESSENTIAL RACE INFORMATION

RACE ETIQUETTE

- Keep to your left to allow faster runners to overtake.
- Some sections of the race will have two-way runner traffic. Stay on the correct side at all times.
- Watch your footing for ramps, curbs, and other hazards.
- Keep the route clean. Do not litter.

MEDALS

- Medals will be distributed at the 5KM, 10KM & 21KM Finisher Tents after the finish line.
- No collection will be entertained thereafter.

RACE RESULTS

- Results will be recorded as gross time (gun start) and net time (from crossing the start line).
- Scan the QR code on your bib, or check the leaderboards at the Winner's Tent near the Main Stage.

CERTIFICATES

- All participants who complete the 5KM, 10KM & 21KM categories will receive an e-certificate.
- The e-certificate will be available on the website one (1) week after the event.

PROHIBITED ITEMS

- Knives, pocket knives, scissors, weapons, and aerosols.

RACE DAY

ESSENTIAL RACE VILLAGE INFORMATION

SURAU

- For surau in the Race Village, please refer to Page 7.
- Mobile surau are available along the race routes at KM6.3 (for 10KM runners) and KM12 (for 21KM runners).
- Alternatively, you may visit the nearest public surau:
 - Putra Mosque (1km away, 2-minute drive)
 - Masjid Putrajaya (850m away, 3-minute drive)
 - Surau As-Salam Immigration Department (1.3km away, 4-minute drive)
 - Tuanku Mizan Zainal Abidin Mosque (1.9km away, 5-minute drive)

PRIZE GIVING

- The top three (3) winners in all 10KM & 21KM categories will be awarded on stage.
- Winners will be called on stage for the Prize Giving Ceremony.
- Winners must report to the Winners' Verification Tent 30 minutes before the ceremony.
- Winners must present their MyKad (IC) or passport for verification.
- Representatives may collect prizes on behalf of winners in case of emergency.
- The Organiser will not be responsible if a winner is absent during the ceremony. However, the prize will still be issued.
- Participants in the Malaysian Open category must be Malaysian citizens holding a valid MyKad (IC).

LOST & FOUND

- Items found will be placed at the Help Desk on race day.
- After the event, unclaimed items will be transferred to the Organiser's office.

PROHIBITED ITEMS

- No alcohol or drugs on event grounds.
- No smoking in non-smoking areas.
- No littering.

SUPPORTING PARTNERS

NGO Partner



Sports Apparel Partner



Sports Candy Partner



F&B Partner



Sports Tape Partner



Pain Relief Partner



Sports Recovery Partner



Hydration Partner



Herbal Lozenges Partner



Hygiene Partner



Physiotherapy Partner



Energy & Nutrition Partner



Sports Nutrition Partner



Corporate Gifts Partner



Recovery & Wellness Tech Partner



RACE DAY
CHALLENGE YOUR
IMPOSSIBLE
WITH A TOYOTA

Efficiency in motion
Go further with a Toyota Hybrid Electric

TOYOTA
Move your world



Enjoy your Toyota with

- Toyota Service Savers - lower initial instalments
- Toyota Insurance Package - comprehensive protection
- 8 Years Hybrid Electric Battery Warranty

ALL-NEW VIOS HYBRID ELECTRIC

MONTHLY INSTALMENTS FROM

RM **881****

CASH REBATE

RM **9,000***



ALL-NEW VIOS HEV GR SPORT

MONTHLY INSTALMENTS FROM

RM **932****

CASH REBATE

RM **9,000***



VIOS

MONTHLY INSTALMENTS FROM

RM **768****

CASH REBATE

RM **9,000***



RM **3,000*** TankUp Package

HILUX GR SPORT

MONTHLY INSTALMENTS FROM

RM **1,607****

CASH REBATE

RM **7,000***



HILUX DOUBLE CAB

MONTHLY INSTALMENTS FROM

RM **1,092****

CASH REBATE

RM **7,000***



HILUX SINGLE CAB

MONTHLY INSTALMENTS FROM

RM **972****

CASH REBATE

RM **4,000***

COROLLA CROSS

MONTHLY INSTALMENTS FROM

RM **1,186****

CASH REBATE

RM **9,000***



YARIS

MONTHLY INSTALMENTS FROM

RM **746****

CASH REBATE & ACCESSORIES WORTH UP TO

RM **10,500***



ALL-NEW YARIS CROSS HEV

FREE Service Voucher worth RM2,400



ALL-NEW YARIS CROSS

FREE Service Voucher worth RM2,500



COROLLA CROSS HEV

MONTHLY INSTALMENTS FROM

RM **1,248****

CASH REBATE

RM **9,000***



COROLLA GR SPORT

MONTHLY INSTALMENTS FROM

RM **1,249****

CASH REBATE

RM **7,000***



COROLLA CROSS HEV GR SPORT

MONTHLY INSTALMENTS FROM

RM **1,319****

CASH REBATE

RM **9,000***



CAMRY

CASH REBATE

RM **8,000***

TOYOTA SERVICE SAVERS FROM

RM **51*** PER MONTH



HIACE PANEL VAN 3.0 TURBO

MONTHLY INSTALMENTS FROM

RM **1,427****

FREE Service Voucher worth RM2,000



INNOVA ZENIX HEV

CASH REBATE

RM **7,000***

TOYOTA SERVICE SAVERS FROM

RM **41*** PER MONTH



FORTUNER

CASH REBATE

RM **6,000***



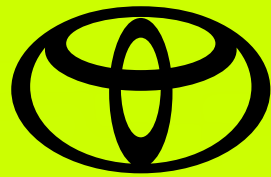
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